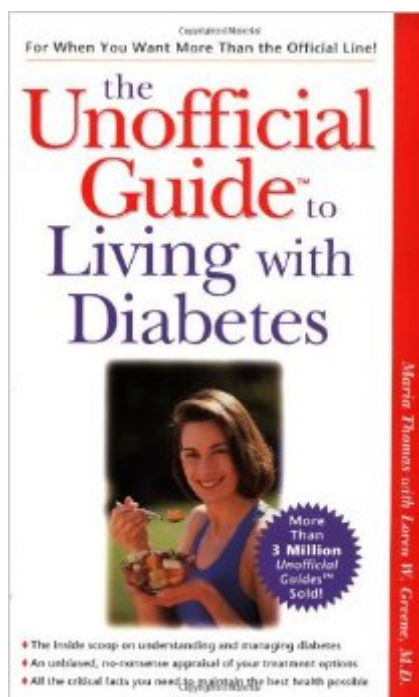


The book was found

# The Unofficial Guide To Living With Diabetes



## Synopsis

Sixteen million Americans have diabetes and there are more than 600,000 new cases diagnosed each year. Diabetes is the leading cause of blindness, kidney disease, and amputations in America. In fact, 15% of all health care costs -- 100 billion per year -- is associated with diabetes. This indispensable guide features all the latest developments associated with this condition, so that diabetics are able to stay in control of their lives. Sufferers get the inside scoop on: \* The major types of diabetes and how they are diagnosed \* The various treatment options available today, including blood sugar monitoring, diet therapy, insulin use and oral medication \* Alternative approaches and new drugs on the market: Is there really a substitute for insulin? \* Groundbreaking news in diabetes research, including new forms of insulin, advanced glucose monitoring, refined insulin pumps, and genetic medicine \* The Pancreas Transplant: Is it a cure? \* Lifestyle choices that promote good health, including eating wisely and exercising \* Living with diabetes and coping with special issues such as fertility and pregnancy, work-related issues, and psychological challenges.

## Book Information

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## Customer Reviews

This is unofficially the Best book that I have read on the subject of Diabetes. The format is clear, concise, and informative. The tips and hints in the margins make it interesting while being genuinely helpfull. The book is a comprehensive one spanning the history of the disease to the future of research for a cure. It addresses both Type 1 and Type 2 diabetes, explaining the differences as

well as the ways the 2 types parallel. I recommend this book for anyone who lives with Diabetes and for those who love someone living with the disease. Warning! The size of this book may make the reader wary. However, because of the way it is formatted it is a quick read. You'll want to keep it on hand as a reference.

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